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Channel Islands HS

Say Nope to Dope

To be drug free is the key through an almost impossible fee
Happiness is not always guaranteed so it seems to be
Our body is as sensitive as the ocean
Once drugs enter our bodies there are only commotions
They act like pollutants within our body and ruin us
They keep us from success and lead us to digress
Causing harm to oneself and those near by
Please do not make your loved ones cry
Drugs are not worth doing
Nor are they objects for viewing
The brain, lungs or the heart will slowly weaken through time
Do not let drugs accelerate death it is like committing a crime
Do not ditch school there's no time for that when there's so much to learn
Just take care and always return
Dude chill having fun at school is way easier than counting to three

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Just put on a cool sweater and you'll see

Sports, squads, elubs are the way to go

Joining Soccer, Short flags, French club are much better you know Swimming, singing, biking and dancing are much better choices

At least they don't cause you to hear strange voices

Having real fun is way better than lighting up something that causes fake feelings

Life is for living so let's not ruin our body or our time here but keep persevering

Remember there is still hope when saying nope to dope every day of the year

Say Nope to Dope let it be more than clear